

# ALTOONA AREA SCHOOL DISTRICT BREAKFAST MENU FEBRUARY 2010











MILT MILLER  
FOOD SERVICE DIRECTOR  
946-8271



**THIS MONTH  
COMMISSIONER  
NUTRITION IS  
INVESTIGATING:  
"HEALTHY HEART  
MONTH"**



Mon	Tue	Wed	Thu	Fri
				
1 Breakfast Pizza Choice of Fruit Fruit Juice Milk	2 Glazed French Toast Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>	3 Breakfast Burrito Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>	4 Cheddar Cheese Omelet Bacon Choice of Fruit Fruit Juice Milk	5 <b>NO SCHOOL IN-SERVICE</b> 
8 Breakfast Pizza Choice of Fruit Fruit Juice Milk	9 French Toast Sticks Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>	10 Egg & Cheese Sandwich Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>	11 Scrambled Eggs Sausage Choice of Fruit Fruit Juice Milk	12 <b>NO SCHOOL PRESIDENT'S DAY</b> 
15 <b>NO SCHOOL PRESIDENT'S DAY</b> 	16 Glazed French Toast Choice of Fruit Fruit Juice Milk	17 Breakfast Burrito Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>	18 Cheddar Cheese Omelet Bacon Choice of Fruit Fruit Juice Milk	19 Pancakes with Sausage Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>
22 Breakfast Pizza Choice of Fruit Fruit Juice Milk	23 French Toast Sticks Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>	24 Egg & Cheese Sandwich Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>	25 Scrambled Eggs Sausage Choice of Fruit Fruit Juice Milk	26 Waffle with Bacon Choice of Fruit Fruit Juice Milk <b>AAJHS: Breakfast Pizza</b>

**Milk Choices Include:**

- 1% White
- Skim
- 1% Chocolate

**Available Daily:**

- Wheat or White Toast
- Assorted Cold Cereals
- Assorted Cereal Bars
- Honey Buns

**Sr. & Jr. High Only:**

- Yogurt Parfaits
- Bagels

**Fruits May Include:**

- Apples, Bananas,
  - Oranges, Grapes,
  - Assorted Canned Fruit,
  - 100% Fruit Juices
- MENU SUBJECT TO CHANGE !**

