

FOOD SERVICE
DIRECTOR:
MILT MILLER



ALTOONA AREA SCHOOL DISTRICT SECONDARY LUNCH MENU FEBRUARY 2010



OFFERED DAILY:
SIGNATURE ENTREES:
The Featured Entrees on
the Menu

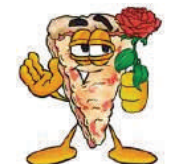
J. CLARK'S GRILLE:
Cheeseburger, Chicken
Patty, Grilled Chicken
Sandwich, Chicken Cheese
Steak Hoagie, Steak Hoagie,
Chicken Tenders, Meatball
Hoagies, & Grilled Cheese

CORNER DELI:
Made to order Hoagies,
Sandwiches, and Wraps.
Flatbread Sandwiches at
AAJHS

GREEN SCENE:
Assorted Pre-made Salads:
Ham & Turkey Chef,
Buffalo Chicken Salad,
Taco Salad, Chicken Salad,
Tuna or Egg Platters with
Crackers

PIZZA EXPRESS
OFFERED WEEKLY

PEPPERONI
SUPREME
WHITE
CHEESE
MEAT LOVERS
BUFFALO CHICKEN



Metz
& Associates Ltd.

LUNCH PRICES

STUDENT PAID \$1.50
STUDENT REDUCED \$0.40
ADULT \$3.00

Please Choose at least **3** of the
5 items for the school lunch
price! Meat / Meat Alternate,
Fruit or Juice, Vegetable,
Choice of Milk, and Bread
MENU SUBJECT TO CHANGE
Vanilla and Chocolate Pudding
Offered Daily with Meals.



Fruit Choice May Include:

Apple, Orange, Grapes,
Banana, Pear, Applesauce,
Peaches, Fruit Cocktail,
Mandarin Oranges,
Pineapple, or 100% Fruit
Juice

Veggie Choice May Include:

Tossed Salad, Carrot Sticks,
and Celery Sticks
**Whole Grain Rolls &
Whole Grain Hot Pretzel
Sticks Offered Daily**



**NUTRITIOUS
FRIENDLY SNACKS
OFFERED DAILY!**

The Metz & Associates
Team Wishes
Good Luck to all the Spring
Sports Teams!!!

Monday	Tuesday	Wednesday	Thursday	Friday
1 Signature Entree Taco Salad with a Roll Alternate Entrée Chicken Nuggets Featured Fruit & Veggie Applesauce Tater Tots Milk	2 Signature Entree Pasta with Meatballs & Bread Alternate Entrée Beef Soft Taco Featured Fruit & Veggie Mixed Fruit Peas & Carrots / Salad Milk	3 Signature Entree Mashed Potato Bowl with Roll Alternate Entrée Hot Turkey Sandwich Featured Fruit & Veggie Sliced Peas Corn / Mashed Potatoes Milk	4 Signature Entree Primo Sandwich Alternate Entrée Ranch Chicken Flatbread Featured Fruit & Veggie Peaches French Fries / Colelaw Milk	5 NO SCHOOL IN-SERVICE
8 Signature Entrée Hot Dog with Cheese on Bun Alternate Entrée Flavor Dip Chicken Sandwich Featured Fruit & Veggie Sliced Peaches Tater Tots Milk	PIZZA PIE DAY! Signature Entrée Pizza Bagel Alternate Entrée Chicken Tender Wrap Featured Fruit & Veggie Pear Slices Green Beans Milk	10 Signature Entrée Italian Grinder Alternate Entrée Chicken & Gravy over a Biscuit Featured Fruit & Veggie Applesauce Mashed Potatoes / Mixed Veg Milk	11 Signature Entrée Monte Cristo Sandwich Alternate Entrée Chicken Soft Taco Featured Fruit & Veggie Mandarin Oranges Hash Brown Triangles Milk VALENTINE'S DAY COOKIE	12 NO SCHOOL PRESIDENT'S DAY
15 NO SCHOOL PRESIDENT'S DAY 	16 Signature Entrée Breaded Baked Chicken with Roll Alternate Entrée Ham & Cheese Flatbread Featured Fruit & Veggie Mixed Fruit Peas & Carrots Milk	17 Signature Entrée Cheese Lasagna w/ Breadstick Alternate Entrée Fish Sticks with a Roll Featured Fruit & Veggie Sliced Peaches Tossed Salad / Colelaw Milk	18 Signature Entree Mashed Potato Bowl with Roll Alternate Entrée Hot Turkey Sandwich Featured Fruit & Veggie Sliced Peas Corn / Mashed Potatoes Milk	19 Signature Entrée Egg & Cheese on a Pretzel Bun Alternate Entrée Stuffed Crust Pizza Featured Fruit & Veggie Cinnamon Apple Slices Hash Brown Triangles / Salad Milk
22 Signature Entrée Bacon Cheeseburger on a Bun Alternate Entrée Flavor Dip Chicken Sandwich Featured Fruit & Veggie Sliced Peaches Tater Tots Milk	23 Signature Entrée General Tsao's Chicken w/ Rice Alternate Entrée Hot Dog on a Bun Featured Fruit & Veggie Pineapple Tidbits Green Beans Milk	National Tortilla Chip Day! Signature Entrée Walking Taco Alternate Entrée Nachos Grande with Cheese Featured Fruit & Veggie Applesauce Golden Corn Milk	25 Signature Entrée Crispy Chicken Salad with a Roll Alternate Entrée Ham & Cheese on a Pretzel Bun Featured Fruit & Veggie Mandarin Oranges French Fries Milk	26 Signature Entrée Toasted Cheese Sandwich Alternate Entrée Pizza Sticks w/ Marinara Sauce Featured Fruit & Veggie Fruit Cocktail Tomato Soup / Tossed Salad Milk