

**FOOD SERVICE
DIRECTOR:
MILT MILLER**



ALTOONA AREA SCHOOL DISTRICT SECONDARY LUNCH MENU September 2009



OFFERED DAILY:

**SIGNATURE ENTREES:
The Featured Entrees on
the Menu**

**J. CLARK'S GRILLE:
Cheeseburger, Chicken
Patty, BBQ Rib Patty,
Chicken Cheese Steak
Hoagie, Steak Hoagie,
Chicken Tenders, Meatball
Hoagies, & Grilled Cheese**

**CORNER DELI:
Made to order Hoagies,
Sandwiches, and Wraps**

**GREEN SCENE:
Assorted Pre-made Salads:
Ham & Turkey Chef,
Buffalo Chicken Salad,
Taco Salad, Chicken Salad,
Tuna or Egg Platters with
Crackers**

**PIZZA EXPRESS
OFFERED WEEKLY**

**PEPPERONI
SUPREME
WHITE
CHEESE
MEAT LOVERS
BUFFALO CHICKEN**



LUNCH PRICES

STUDENT PAID \$1.50
STUDENT REDUCED \$0.40
ADULT \$3.00

Please Choose at least **3** of the **5** items for the school lunch price! Meat / Meat Alternate, Fruit or Juice, Vegetable, Choice of Milk, and Bread
MENU SUBJECT TO CHANGE

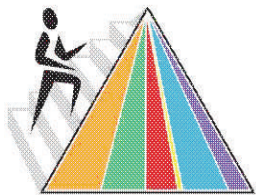


Fruit Choice May Include:

Apple, Orange, Grapes, Banana, Pear, Applesauce, Peaches, Fruit Cocktail, Mandarin Oranges, Pineapple, or 100% Fruit Juice

Veggie Choice May Include:

Tossed Salad, Carrot Sticks, Celery Sticks, Cucumbers, Broccoli, or Cauliflower



**NUTRITIOUS
FRIENDLY SNACKS
OFFERED DAILY!**

The Metz & Associates Team Wishes Good Luck to all the Fall Sports Teams!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 31 Signature Entrée Flavor Dip Chicken Sandwich Alternate Entrée Cheeseburger on a Bun Featured Fruit & Veggie Pineapple Tidbits Tater Tots Milk	Sept 1 Signature Entrée Chicken Fritters with Roll Alternate Entrée Hot Dog on Bun with Cheese Featured Fruit & Veggie Watermelon Green Beans Milk	2 Signature Entrée Rotini with Meat Sauce & Bread Alternate Entrée Cheese Steak Hoagie Featured Fruit & Veggie Pears Tossed Salad Milk	3 Signature Entrée Crispy Chicken Salad with Roll Alternate Entrée Ham & Cheese Hoagie Featured Fruit & Veggie Apple Peas/ French Fries Milk	4 Signature Entrée Pizza Sticks w/ Marinara Sauce Alternate Entrée BBQ Pork Rib on a Bun Featured Fruit & Veggie Mixed Fruit Golden Corn Milk
7 LABOR DAY HOLIDAY NO SCHOOL 	8 Signature Entrée General Tsao's Chicken w/ Rice Alternate Entrée Toasted Cheese Sandwich Featured Fruit & Veggie Mandarin Oranges Tomato Soup / Mixed Veggies Milk	9 Signature Entrée Mashed Potato Bowl Alternate Entrée Hot Turkey Sandwich Featured Fruit & Veggie Pineapples Corn / Mashed Potatoes Milk	10 Signature Entrée Tacos with Toppings Bar Alternate Entrée Mac & Cheese with Ham & Roll Featured Fruit & Veggie Banana Broccoli Milk	11 Signature Entrée French Bread Pizza Alternate Entrée Hot Ham & Cheese on a Bun Featured Fruit & Veggie Applesauce French Fries Milk
EAT A HOAGIE DAY! Signature Entrée Nachos Grande with Cheese Alternate Entrée Steak & Cheese Hoagie Featured Fruit & Veggie Apple Mixed Veggies Milk	15 Signature Entrée Chicken Nuggets Alternate Entrée Meatball Hoagie Featured Fruit & Veggie Pears Garden Peas Milk	16 Signature Entrée Oriental Chicken over Rice Alternate Entrée Hard Shell Tacos with a Roll Featured Fruit & Veggie Mandarin Oranges Broccoli Milk	17 Signature Entrée Chicken Tender Wrap Alternate Entrée Sloppy Joe on a Bun Featured Fruit & Veggie Peaches French Fries Milk	18 INSERVICE NO SCHOOL
21 Signature Entrée Beef Soft Taco Alternate Entrée Chicken Nuggets with a Roll Featured Fruit & Veggie Fruit Cocktail Cheesy Broccoli Milk	National Ice Cream Cone Day! Signature Entrée Chicken Tenders with a Roll Alternate Entrée Italian Hoagie Featured Fruit & Veggie Orange Tater Tots Milk	23 Signature Entrée Mashed Potato Bowl Alternate Entrée Chicken & Gravy over a Biscuit Featured Fruit & Veggie Pears Mashed Potatoes / Corn Milk	24 Signature Entrée Taco Salad with a Roll Alternate Entrée Turkey Bacon Bagel Featured Fruit & Veggie Banana Glazed Carrots Milk	25 Signature Entrée Stuffed Crust Pizza Alternate Entrée Hot Dog on a Bun w/ Noodles Featured Fruit & Veggie Applesauce Mixed Veggies Milk
28 Signature Entrée Chicken Cheese Steak Hoagie Alternate Entrée Buffalo Chicken Sandwich Featured Fruit & Veggie Watermelon French Fries Milk	29 Signature Entrée Spaghetti w/ Meatballs & Garlic Bread Alternate Entrée Sloppy Joe on Bun Featured Fruit & Veggie Pear Slices Green Beans Milk	30 Signature Entrée Breaded Baked Chicken w/ Roll Alternate Entrée Meatball Hoagie Featured Fruit & Veggie Applesauce Tater Tots Milk	WORLD VEGETARIAN DAY! Signature Entrée Pizza Casserole w/ Garlic Bread Alternate Entrée Rice Bowl Featured Fruit & Veggie Fruit Cocktail Golden Corn Milk	2 Signature Entrée Pancakes with Sausage Alternate Entrée Pizza Bagel Featured Fruit & Veggie Cinnamon Apple Slices Hash Brown Triangles / Salad Milk
WEL COM E B A C K !!!				